

Well I'm an axe-grinder, piledriver
Mother says that I never never mind her
Got no brains, I'm insane, teacher says that I'm one big pain
I'm like a laser, 6-string razor, I got a mouth like an alligator
I want it louder! More power! I'm gonna rock ya 'til it strikes the hour!

(Bang your head! Metal Health'll drive you mad!)
(Bang your head! Metal Health'll drive you mad!) Alright

Well I'm frustrated, outdated, I really want to be... over-rated
I'm a finder and I'm a keeper, I'm not a loser and I ain't no weeper
I got the boys to make the noise
Won't ever let up, I hope it annoys you
Join the pack, feel the crack, well now you're here, there's no way back!

(Bang your head! Metal Health'll drive you mad!)
(Bang your head! Metal Health'll drive you mad!)

Metal Health'll cure your crazy!
Metal Health'll cure your mad!
Metal Health is what we all need!
It's what you have to have!

[Solo]

Bang your head!	Wake the dead!
We're all metal mad!	It's all you have!
So (Bang your head!)	And raise the dead! Oh yeah!
Metal Health!	It'll drive you mad, mad, mad, mad!

(Bang your head! Metal Health'll drive you mad!)
(Bang your head! Metal Health'll drive you mad!)

Oh get your straight-jackets on tonight! Oh!
(Bang your head! Metal Health'll drive you mad!)
The bad boys are gonna set you right, ah rock on, rock ya, rock ya!
(Bang your head! Metal health'll drive you mad!)
(Bang your head!)