Lord! Oh, yeah
When you need a friend, through thick and thin
Don't look to those above you
When you're down and out, it ain't no doubt
Nobody wants you

But you're rock candy baby
You're hard, sweet and sticky! Yes!
And you're rock candy baby
Hard, sweet and sticky! Aw, yes...

Hard, sweet and...
Mmm yea!

When you're seventeen reachin' for your dreams
Well don't let no-one reach it for you
Pull up your pants, stretch out take a chance
If it can be done, well you can do it

'cos you're rock candy baby
You're hard, sweet and sticky (yes you are)
But you're rock candy baby, so hard, sweet and sticky
Yes... Oh!

[Solo]

You're rock candy baby
Hard, sweet and sticky! Yes! You!
You're rock candy baby
Hard, sweet and sticky! Yeah...
You're... Hard!
Sweet! Lord, yea
Rock candy baby! Hard! Sweet!
Lord, you're so right
You're rock candy baby
Whoa yea - hard sweet and...
Sticky!