

Well, when I... want to rock steady, yeah  
I know... I got to get ready  
Close my eyes and I let myself go  
Listen to... oh... baby let the music flow, yeah

Turn on your light and stay with me a while  
And ease your worried mind  
Turn on your light now babe, and stay with me a while  
And rock steady! Yeah!  
[Ow! Now rock steady, yeah]  
[Rock, rock steady now]

When my love (yeah) gets a little bit too heavy (Rock Steady!)  
She's mine, and I got to get ready, yeah  
Close my eyes and I let myself go (Rock Steady!)  
I listen too, yeah, and I let the music flow  
[Yeah, it's flowing now]

Turn on your light and stay with me a while  
And ease your worried mind  
Turn on your light and stay with me a while  
And rock steady!  
Oh yeah, oh yeah, yeah, yeah

[Solo]

Turn on your light and stay with me a while  
And ease your worried mind  
Turn on your light, stay with me a while  
And rock! Rock! Rock! Rock! Rock! Rock, babe!  
Turn on your light... Ow!  
And ease your worried mind, yeah  
Turn on your little light, Oh!  
And rock steady!